

The Witness Western Heights Baptist Church

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Rev. Jonathan Dundalow

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Be anxious for nothing but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God.” Phil 4:6. There are many things in this world that can cause fear and anxiety. In fact, the drug makers in America have pills to deal with anything from stress to social anxiety. Americans are diagnosed with all types of phobias that range from a fear of spiders to a fear of large crowds and/or public speaking. Although, there are certainly many types of fears, I believe that a fear we all have in common is the fear of change. It seems strange to me that we fear change, especially since life is a steady series of changes and adjustments based on the circumstances that we deal with everyday. Life is all about change and we find ourselves having to deal with it on a daily basis. So how do we respond to the circumstances of life that require change? Well, I believe that we have two choices. First of all, we can ignore the circumstances that require change and hope for the best. Secondly, we can address the issues at hand and turn our fears and our decisions over to the Lord for Him to guide us and direct us. When I think about change I cannot help but think about the first two chapters of 1 Kings. King David was well advanced in age and is really unable to maintain the status quo of ruling the kingdom. However, David had not addressed the issue and neither had anyone else. Everyone wanted things to stay exactly as they had been for the last forty years or so. As a result, one of David’s sons named himself King and forced David to act. Eventually we see that Solomon is appointed as King and David receives an immense joy at seeing this change happen in his lifetime. For Christians, I believe there is really one viable option for us when it comes to dealing with change in our lives. We have to face them head on and seek the Lord’s wisdom and His peace as we lay aside our fears and press on to the goal set before us. You may be thinking that this sounds easy and at times it can be, but many times you might find yourself reflecting on the words of a country song that says “I don’t know if it takes more courage to stay or to go?” It is in the midst of those times that we must not allow fear to cripple us. We must seek to put our fears behind us and allow Christ to reign in our lives even in the midst of changes that can bring about our greatest fears. So as we face change in our own personal lives and our corporate lives here at WHBC, let’s face it with a willingness to do God’s will without fear.

**Until He Comes,
Jonathan Dundalow
I Timothy 4:12**



It's that time again; the lazy, hazy days of summer! This is the time of year when lots of us are "on the road". Let's remember our travelers in our prayers as we pray for safety, rest and relaxation as well as for spiritual refreshment. Don't overlook the need for your teacher to be refreshed. Are you willing to step up and teach while they are gone?

Do you feel that like you are in a rut? Maybe you need a change. Please be in prayer as to where He is leading you to serve in the Sunday School. As we prepare the staff for the New Year, PLEASE let me know if you have a desire to serve in this capacity. We are always in need of subs and it is very comforting to me to have a list of people prepared to teach, if needed.

July Birthday List

1	Thelma Fehr Christopher Adkins	19	Chris Allred Marie Neace
2	Blanche Powell Joy Lilly		Brian Archer
3	Juanita Fisher Shannon E. Wells Kathy Tarleton Gern Scott Alicia Scott	20	Janet Smith
5	Marceline Daniels	21	Travis Phillips Todd Leek Alex Colbert Lillian Dick Anna Schmidt
6	Victoria Dear	22	Evannah Glasscock Angie Adkins
10	Keith Drewery	23	Stanley Cornett, Jr.
12	Leura Kay Armentrout	24	Darlene Bristow
13	Michael Adkins Priscilla Gibbs	25	Ronnie Pierce
14	Courtney Humphries Victor Slade, Sr. Erin Dunn	26	Teresa L. Harrison Jill Thomas Landon Wood
15	Billy Mills	28	Blake Bish Mary Williams
16	Tammy Costa	31	Brian Adkins Whitney Gibbs Pam Kissner Margaret Scott
17	Dewey Harrison Alan Neff		
18	Frances Denny Danny Jarrell Francesca Sullivan Julie Tilley		



August Birthday List

3	Nick Brockwell Ila Smiley Shawn Wynn Kurstin Lail	20	Tyler Reed Bill Rose, Jr.
5	Debbie Mills	21	Carol Beasley Amy Clement
7	Eric Clark Christina Collins Shirley Daulton	22	Ann Andrews C.J. Harris
9	Angie Mullinax	23	Wanda Gibbs Karmin Mitchell
12	Kelly LaPlante Ray Witt	24	Matthew Rosson Lauren Mitchell
14	David Dick Dee L. Beville, Jr.	25	Tracy Adkins Gabrielle Bostic
15	Billy Cizek Francis Davis	26	Stoney Lee Whirley, Jr. William Bristow Chris Vollhardt
16	Mary Massey Brianna Scott Mark Tilley	27	Neal Barnes Gabrielle Bostic Thomas Adkins
17	Walter Francis Zachery Gower	30	John Howard Daniel Beville
18	Jeffrey Baird Ron Sowers Kit Russell	31	Judy Vaughn Ruby Godbehere

These are the names of individuals who are either church members of WHBC or are enrolled in our Sunday School. Please advise the church office (733-8172) of any additions or corrections. Thank you!

Are you where you are supposed to be? Our material has "target ages" and each series is aimed at different groups. If you feel the material is not pertinent to you, maybe YOU are in the wrong class! If this sounds like you, let's talk about it.

The average attendance for May was 174.

In His Name, Robert Tucker, Sunday School Director



G'day Mates!!!!!!

To say that VBS was a success would be an understatement! All praise and Honor to God. He is so good! When God sends us blessings, He sends them BIG here at WHBC. Our average attendance was 183 children daily. Tuesday was our high attendance day with 192 “kidaroos”. There were so many adults and youth that were here to help as well. The average attendance for workers was 78. Thank you to all of you. Without each one of you we could not have done it.

I decided early on, in planning, to give the offering to The Southern Baptist World Hunger Fund. In order to excite the children we offered a reward. The kidaroos were told that if they brought in more money (than the teachers) on Wednesday and Thursday they would get to throw water balloons at the Pastor and Mrs. April. Well, they thought that was a great idea, and they rose to the occasion! In two days, they brought in over 19,000 pennies. Ask Hershel and Jean Carter; that is a lot of pennies! The total offering for the week was over \$1,100.00.

Church family, I just want to say thank you for allowing us to open the doors to the community. Thank you for all your hard work, dedication and prayers to make “The Boomerang Express” a huge success!! Without your love for the Lord, it would not be possible to show the community love in this way. It is my understanding that 14 children gave their lives to Christ last week. Eight of them are not members of this church. Please be with me in prayer for their hearts and lives. And a Special Thank you to our youth. You guys are awesome- all the teachers you worked with told me so.

His blessed servant, April Norris

Youth News

Wow, it's been two months since you called me to lead our youth program and I must tell you that while we've been extremely busy, I have truly been blessed in serving you.

Congratulations to our High School graduates! You have worked hard to reach this milestone and I encourage you to press on in the faith. It is my prayer that you will continue to allow Christ to work through you to accomplish what only he can do, REACH THE LOST! I also want to encourage those who are graduating from our children's program to join our youth. We are excited about the opportunity to grow with you. I encourage you to embrace those things you have learned and prepare yourselves for continued growth to serve and honor our Lord.

We have a busy schedule filled with exciting events geared to help our youth grow as they walk daily with Jesus. Jeff Baird has his feet firmly grounded as our summer intern. He, Kim Lane, and Shawn Wynn are away in Lynchburg leading our youth at SBCV this week. July and August are filled with opportunities for our youth including mission trips, youth retreats, day camps, and game nights. We are excited about these opportunities to serve and grow in Christ and hope that you will join us. Please check the calendar and the sign-up sheets next to the youth minister's office for these events.

We have been blessed with Godly teachers for our game nights as Jeff leads our young men, while Melanie Orton and Lea Mitchell lead our women's Bible study. We will continue the game

nights throughout the summer and hope you will take the time to join us for good food, clean fun, great teaching, and an awesome time of fellowship.

I want to thank our church membership for the tremendous support you have provided in our youth ministry. I am reminded of Paul's teaching in 1 Corinthians 12 as I see Christ accomplish through the body what none of us could ever do on our own. I am so thankful for each of the faithful members of our youth committee who work diligently to support this ministry. I also want to thank our pastor for his excellent leadership and support. I am truly blessed to serve in such a Godly church.

Continue to lift us up in prayer, for our youth are the church of today with a most important mission of reaching the lost in their families, schools, and communities. May God bless each of you as you live for Him. Don't forget to mark your calendars for the many youth functions for fellowship and ministry.

**In HIS Love,
Vic Slade
Hebrews 12:1-2**

July 2009 Children's Church Schedule

July 5 th	April Norris
July 12 th	Lisa & Ray Witt
July 19 th	Holly Johnson & Jennifer Lail
July 26 th	Richard & Kim Lane



INDEPENDENCE DAY

***America! America!
God Shed His Grace on Thee!***

July 2009 Nursery Schedule

Date	Age	Volunteers
Wed. July 1st	Combined	Barbara McCoy & Tina Blair
Sun. July 5 th	Birth A	Kristie Belvin & April Wood
	Birth B	Heather Schmidt & Susan Goodwin
	Toddlers	Rob & Becky Thomas
	3 Yr Olds	Charles & Jean Roberts
	Floater	Karmin Mitchell
Sun. July 5 th Evening	Combined	Robert & Judi Tucker
Wed. July 8 th	Combined	Carolyn Hogue & Vicki Campbell
Sun. July 12 th	Birth A	Charles & Faye Veazey
	Birth B	Liz Marshall & Lea Mitchell
	Toddlers	Dee & Patty Beville
	3 Yr Olds	Ronnie & Becky Pierce
	Floater	Judy Pierce
Sun. July 12 th	Combined	Steve & Leura Kay Armentrout
Wed. July 15 th	Combined	Gloria Staples & Cindy Dundalow
Sun. July 19th	Birth A	Michael & Amanda Spencer
	Birth B	Andrea Armentrout
	Toddlers	Marty & Karla Baird
	3 Yr. Olds	Tim & Jamie Morini
	Floater	Whitney Gibbs
Sun. July 19 th Evening	Combined	Wally & Dawn Twombly
Wed. July 22 nd	Combined	Kristie Belvin & Trisha Johnson
Sun. July 26 th	Birth A	Donnie & Leslie Bostic
	Birth B	Vera & Levi Mitchell
	Toddlers	Mike & April Price
	3 Yr Olds	Jack & Betty Mayes
	Floater	Priscilla Gibbs
Sun. July 26 th Evening	Combined	Rob & Becky Thomas
Wed. July 29 th	Combined	Rachel Wynn & Trisha Johnson

Events Coming Up at WHBC in July

- July 3 Youth Game Night and Bible Study,
6-10:00 PM
- July 8 Church Family Business Meeting, 7 PM
Youth Money due for YEC
- July 11 Marriage Enrichment Get Together, 4-8 PM
- July 12 VBS “Thank You” Luncheon
- July 15 Special Called Business Meeting, 7 PM
- July 17 Youth Bible Study, 6-7:00 PM
- July 20 WHBC to Host Blood Drive, 3:00-7:00 PM
- July 22 Special Called Business Meeting, 7 PM
- July 26 New Member’s Class begin, 9:45 AM
- July 31 Youth and College/Career – Live at the Lake
Concert, 6-9:00 PM

Marriage Matters!!

Marriage Matters to God and to the Church

It seems as though Marriage doesn't matter to the world and it seems to be getting harder and harder to make marriage matter and work these days. It seems as though the world doesn't want to see marriages succeed. When the world sees a Christian marriage working, it is attacked from all angles. It's all about Spiritual warfare.

In a world where it's all about "Me", it has become less and less about God. Without God, marriage can become easily unraveled. But WITH GOD, a marriage is much harder to break! Now, we all know that there are no "cookie cutter" or perfect marriages, but God BLESSES marriage when you let Him take charge.

Come along with us on July 11th and see how three (3) is not a crowd in marriage, when God is #1.

Where: Western Heights Baptist Fellowship Hall

When: Saturday, July 11th

Time: 4:00 – 8:00 PM

What: Dinner, Study & Craft

PLEASE SIGN UP USING THE SHEET ON THE "MARRIAGE MATTERS BOARD" OUTSIDE THE FELLOWSHIP HALL SO THAT WE MAY PLAN DINNER ACCORDINGLY.

Ecclesiastes 4: 9-12

Notes of Gratitude

Family and Friends of Western Heights,

Thanks to everyone for their prayers, cards, phone calls and visits while I was in the hospital and at home. Prayers are answered if we have faith.

I got an excellent report from my doctor on my surgery, but, have to keep wearing the neck brace at least another 30 days.

Keep praying for Ann and I during this time.

God Bless You All,
David & Ann Cunningham

“Food for Thought”
***All the water in the
world
However hard it tried
Could never sink a ship
Unless it got inside.
All the evil in the world,
The wickedness and sin
Can never sink your soul’s fair craft
Unless you let it in.***

Extracted from Guido Evangelistic Assoc. Booklet



New Members!

**WHBC Received Four New Members during the Month of
June 2009**

Praise the Lord! We received four new members in the month of June: Joey (baptism) & Dottie Adams (letter), Loretta and Alan Smith (baptism).

Welcome New Members!!

WHBC Membership Candidates

Those requesting membership by letter of transfer are: Judy and Anna Schmidt

Please encourage and pray for Judy and Anna as they walk their spiritual journey!

Make a Joyful Noise Unto the Lord, All Ye Lands. Serve the LORD with Gladness: Come before His Presence with Singing!!!

Top10 Reasons to Join the Choir:

1. You become an instrument of worship for God to work through by His Holy Spirit, to glorify Jesus.
2. You have an opportunity to lead worship on a regular basis.
3. The satisfaction that you perform an important ministry within the church.
4. You get some of the best seats in the house, even on Easter and High Attendance Days.
5. You get a perfect view of the congregation (you get to see who's sleeping during the sermon!)
6. You don't have to worry about what you'll wear to church because you'll have a robe on.
7. You can leave your shoes off the entire service.
8. You have a chance to literally get behind the preacher!
9. You're invited to sit-down dinner once a year.
10. You get to sing, laugh, and fellowship with other Christians every Tuesday evening or Wednesday evening during rehearsal.

Serve the LORD with a joyful noise! Join our choir. Rehearsals are Tuesday evenings at 6 PM or Wednesday evenings at 8:10 PM.

Thank You to All that Contributed "Goodies" to the

"VBS Teacher's Lounge"

*To all those that contributed the delicious food and money to our VBS Teacher's Lounge—A **BIG THANK YOU AND IT WAS VERY MUCH APPRECIATED!!***



New International Mission Board (IMB) Missionaries Leaving for Belgium

Two of our members, Chris and Christine Kollman, were commissioned as new IMB missionaries on June 17th. They will be arriving on their first assignment in Belgium on July 2nd. Please pray for them and all the new missionaries that were commissioned on June 17th as they transition to their new endeavor for Christ and new home in Belgium.

Family Brotherhood Breakfast

The WHBC Brotherhood will meet on Saturday, July 11 at 8:00 AM at Golden Coral for breakfast. The whole family is invited.

We will have a guest speaker, Ginger Hawks, Elder Home Volunteer Service Coordinator for the Tri-Cities area.

Come out and enjoy good food, fellowship and an interesting guest speaker.